



## Build It Up

### Description

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Teams work together to build the tallest tower with only the supplies given to them.

## Supplies

- Toothpicks
- Grapes or miniature marshmallows

## How to Play

1. Split the group into teams of 4-5 students. Evenly divide up the toothpicks and marshmallows/grapes.
2. Explain that the goal of this activity is to work together to build the tallest tower.
3. Let them know that they can only use the supplies provided and give them a time limit.
4. Explain that once time is called they must remove their hands and the tower must stand on its own without leaning on anything.
5. The group with the tallest free-standing structure wins!

## Activity Prompts for Reflection

- Was there anything that was challenging for you during this activity?
- How did you and your group work together during this challenge?
- Could you have done something differently to work together better? What could you have changed?
- Did you feel listened to during this activity? If so, how and why?

## Other Ways to Play

- Challenge them to build a replica of a building that they know. For example: which team can build a structure that looks like our school, that looks like a house, etc.
- Have your students get creative and build a creative structure. Or get more specific and have them build what they want their future home to look like.

## Additional Notes

- Use the [SEL Activity Prompts](#) to tie other SEL competencies to this activity.

### Category

1. Activities
2. Relationship Skills

### Sel-competency

1. Relationship Skills

### Allotted-time

1. 15-20 minutes

### Themes

1. STEM